**Wednesday 13th Feb**

| 6:00 PM | | Duty Team |
|---|---|---|
| Let's Get Fistical | NC Juniors | MFT |
| Nur Faust | Kung Fu Fisters | Meke Paoro |
| Otautahi | Reformed Rebels | MFT |
| Fighting Fists | Hulk Smash | Meke Paoro |

| 6:40 PM | | Duty Team |
|---|---|---|
| Let's Get Fistical | Otautahi | NC Juniors |
| Meke Paoro | MFT | Fighting Fists |
| Reformed Rebels | Nur Faust | NC Juniors |
| Kung Fu Fisters | Hulk Smash | Fighting Fists |

| 7:20 PM | | Duty Team |
|---|---|---|
| Let's Get Fistical | Reformed Rebels | MFT |
| Fighting Fists | Meke Paoro | Otautahi |
| Nur Faust | NC Juniors | Hulk Smash |

**Sunday 24th Feb - Mini Tournament**

| 2:00 PM | | Duty Team |
|---|---|---|
| Nur Faust | Hulk Smash | Fighting Fists |
| Kung Fu Fisters | Meke Paoro | Reformed Rebels |
| Otautahi | MFT | NC Juniors |

| 2:40 PM | | Duty Team |
|---|---|---|
| Fighting Fists | NC Juniors | Otautahi |
| Hulk Smash | Meke Paoro | Nur Faust |
| Reformed Rebels | MFT | Kung Fu Fisters |

| 3:20 PM | | Duty Team |
|---|---|---|
| Kung Fu Fisters | NC Juniors | Hulk Smash |
| Otautahi | Fighting Fists | Reformed Rebels |
| Nur Faust | Meke Paoro | MFT |

| 4:00 PM | | Duty Team |
|---|---|---|
| Hulk Smash | NC Juniors | Meke Paoro |
| Reformed Rebels | Fighting Fists | MFT |
| Kung Fu Fisters | Otautahi | Nur Faust |

**Wednesday 27th Feb**

| 6:00 PM | | Duty Team |
|---|---|---|
| Let's Get Fistical | Fighting Fists | Nur Faust |
| Meke Paoro | NC Juniors | Reformed Rebels |
| Hulk Smash | Otautahi | Nur Faust |
| MFT | Kung Fu Fisters | Reformed Rebels |

| 6:40 PM | | Duty Team |
|---|---|---|
| Let's Get Fistical | Hulk Smash | Otautahi |
| MFT | NC Juniors | Meke Paoro |
| Reformed Rebels | Kung Fu Fisters | Otautahi |
| Nur Faust | Fighting Fists | Meke Paoro |

| 7:20 PM | | Duty Team |
|---|---|---|
| MFT | Nur Faust | Otautahi |
| Let's Get Fistical | Meke Paoro | Kung Fu Fisters |
| Hulk Smash | Reformed Rebels | NC Juniors |

**Wednesday 13th March**

| 6:00 PM | | Duty Team |
|---|---|---|
| Let's Get Fistical | Kung Fu Fisters | Reformed Rebels |
| Otautahi | NC Juniors | Hulk Smash |
| MFT | Fighting Fists | Nur Faust |

| 6:40 PM | | Duty Team |
|---|---|---|
| Let's Get Fistical | MFT | NC Juniors |
| Nur Faust | Otautahi | Hulk Smash |
| Meke Paoro | Reformed Rebels | NC Juniors |
| Kung Fu Fisters | Fighting Fists | Hulk Smash |

| 7:20 PM | | Duty Team |
|---|---|---|
| MFT | Hulk Smash | Kung Fu Fisters |
| Let's Get Fistical | Nur Faust | Fighting Fists |
| Reformed Rebels | NC Juniors | Kung Fu Fisters |
| Meke Paoro | Otautahi | Fighting Fists |